

Vacancies currently  
available, including an annexe

PRIORY

ADULT CARE

# Finn Farm Lodge

Finn Farm Lodge provides leading person-centred support and facilities for 6 adults aged between 18-65 with Prader-Willi Syndrome (PWS) and eating disorders.



## Introducing Finn Farm Lodge

At Finn Farm Lodge, we offer a bespoke, 24/7 residential service in a safe, stimulating and rewarding environment. Our aim is for each individual to maintain a healthy lifestyle and to develop as much independence as the syndrome permits.

Finn Farm Lodge is situated in a tranquil area of Folkestone on the Kent coast. The service is in an ideal location with easy access to local amenities, as well as the town centre and beach.

Each resident is supported by a highly qualified staff team to manage their food and dietary intake and maintain a healthy lifestyle. We also provide opportunities for residents to participate in a wide variety of community-based activities, including college courses and work placements.

The service provides:

- 6 en-suite bedrooms
- A ground floor annexe is also available providing a transitions service for people with PWS
- Modern communal areas including a lounge, fully-equipped kitchen and secure garden
- Innovative person-centred support programmes in a safe and caring environment
- Positive behaviour support
- A multidisciplinary community team
- Food and dietary control
- Access to education and voluntary/paid employment opportunities
- Interaction within Priory Adult Care's communication strategy 'Your Voice'
- A company vehicle to access wider community facilities

A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT

## Independence skills

As part of their support plans, each resident will have a house day which is specifically designed to help develop their independence skills, these include:

- Budgeting
- Gardening
- Cleaning
- Healthy eating
- Food shopping
- Personal care

We also help people to rebuild their confidence by supporting them to access a variety of community based activities and work placements.

“ It’s a friendly, safe place at Finn Farm Lodge. The staff here are really supportive. ”

Tom\*, resident at Finn Farm Lodge



## Leisure activities

We support exercise based activities which is paramount for individuals with PWS as they have low muscle tone.

With a company vehicle to access wider community facilities, we encourage individuals to get involved in a range of activities out of the service. This includes going to the beach which is only five minutes away from Finn Farm Lodge and to also visit the local sports centre, where residents can go swimming, use the gym and play table tennis.

The staff will organise a wide range of daily activities both in and out of the home which are planned in conjunction with the wishes of our residents. This includes:

- Arts and crafts
- Shopping
- Cinema
- Swimming
- Football
- Table tennis
- Gym
- Walking

## Our team of experts

Finn Farm Lodge is staffed 24 hours a day by an experienced and dedicated staff team who are selected for their skills in helping people with PWS achieve positive outcomes.

We also work closely with local community teams including GPs, chiropodists, dentists and dietitians, as well as other health professionals to provide the maximum support possible to our residents.

## Rachael’s story

When Rachael\* arrived at Finn Farm Lodge, the main challenge facing Rachael who has PWS, was reducing her weight, but she also had a number of personal goals that she wanted to achieve. This included managing her anxieties and spending more time with peer groups in the local community.

With these goals in mind, the staff team worked closely with Rachael to develop effective plans that she could measure against her personal plan, including the introduction of a calorie-controlled diet.

Rachael has also started cooking the evening meals with staff and is thoroughly enjoying this.

Through the staff support and encouragement, Rachael has lost three stone in weight since moving to Finn Farm Lodge. The success of Rachael’s improved diet has also increased her energy levels and motivation to further access the local area. This includes a variety of physical activities from long walks in the local park to swimming. With the support of her key workers, Rachael has become more mobile and also reduced the use of her walker around the home and local streets.

At Finn Farm Lodge, we are delighted with the progress Rachael has made and the positive outcomes she is achieving.

## Contact us

To make a referral or for enquiries and further information about Finn Farm Lodge:

Call us on

**0808 231 9425**

Send an email to

**adultcare@priorygroup.com**

Visit our website at

**www.prioryadultcare.co.uk**

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