

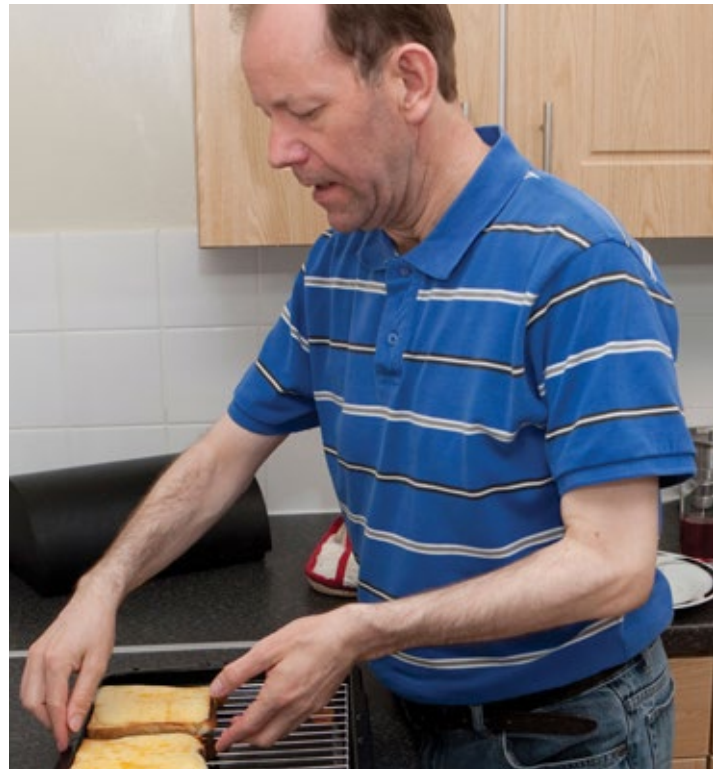
Julian's Road



Introduction

At Julian's Road, we support up to seven male adults who have autism and behaviours that challenge.

The services we provide promote independence and life skills, whilst getting our residents ready for moving on from Julian's Road.



“ I love living here, every day I get to do different activities and the staff are always helpful and supportive. ”

Resident at Julian's Road

Living at Julian's Road

Located in Stevenage, Hertfordshire, the service is close to the town centre and within walking distance of local amenities, major bus routes, train stations and motorways linking it to major cities such as Cambridge and London.

We provide a safe, secure and friendly environment for the individuals which live here. What sets us aside from any other local providers is we try not to set up a home for life; the service is more of a step towards independence and moving on from Julian's Road.

The service provides:

- Seven en-suite bedrooms which can be decorated and personalised to suit any individual tastes
- A low stimulus, homely and relaxed environment, whilst offering robust furnishings
- Spacious communal areas including a lounge area and conservatory
- A large garden that is safe and private with other large open spaces and surroundings
- Innovative person-centred support programmes and personal activity planners
- An intensive, interactive communication and environment
- One-to-one specialist support as required
- Access to education and supported employment opportunities
- Progression through a care pathway to live as independently as possible



“ I am now doing my own food shopping and cooking which has really helped me to become more independent. ”

Resident at Julian's Road

Our team of expert

All of our staff receive comprehensive mandatory training, as well as specialist training in the field of autism and supporting people with complex needs.

The service benefits from having access to our own internal team of PBS consultants whose aim it is to provide objective and balanced interventions that complement existing or developing person-centred plans.

We also have external partnerships with the local GP, mental health teams, social workers, chiropodists and dieticians.

Independence skills

At Julian's Road, our aim is to empower individuals to take control of their lives and, where possible, work towards a level of independence which fits with their confidence and aspirations. The skills we help to develop using step-by-step programmes include:

- Budgeting
- Cleaning their own rooms
- Cooking
- Food shopping
- Personal hygiene

Leisure activities

We have a daily activities programme based on individual interests and abilities. Our residents decide what they want to do based on their person-centred plan, as well as through the discovery of further hobbies and activities. This includes accessing local facilities including a gymnasium, swimming pool and cinema. Other leisure activities include:

- Access to local pubs and clubs
- Chess club
- Coffee mornings
- Football
- Golf
- Tennis
- Walking



Case study – Andrew’s story

Andrew* moved into Julian’s Road in December 2014 as a crisis referral having been with Foster Carers for six years.

On arrival, Andrew was highly distressed and agitated due to having less than a weeks’ notice that he was leaving his previous home.

With a history of challenging behaviour and self-harm it was clear from the initial two days in the service that additional support would be needed for Andrew, particularly at night. Andrew would stay awake for up to 72 hours at a time, destroying his room and presenting very challenging behaviours. He was non-verbal and also had partially incontinent communication which was a serious initial problem for staff.

How we supported Andrew

We immediately put in place additional one-to-one support at night which Andrew responded positively to. Over a period of two weeks, with intensive support, Andrew began to engage with night staff.

At the end of the second week, Andrew indicated that he would prefer to live in a ground floor room which was accommodated and we saw a marked improvement in his behaviour and general mood.

As Andrew had a better understanding of his environment, he began to engage in the communal activities of the house and began to interact even more positively with staff. Through detailed dialogue with the

family, Andrew’s room was re-furnished and he began to take ownership of his new room.

With easy access to staff, Andrew also commenced with going out into the community and started to indicate what activities he would like to do one-to-one with staff.

Andrew’s outcomes

After just one month at Julian’s Road, the additional night support was removed due to the enormous progress Andrew had made and the stability that he now appeared to have. After two months, the PRN Zopiclone was also removed from Andrew’s prescribed medication.

Andrew now sleeps well every night in his own room and has settled into a busy weekly timetable.

Due to his progress, Andrew now doesn’t require as much support. Initially supported one-to-one in the house, Andrew now only receives support during the core hours. He has even shown a willingness and ability to prepare some of his meals.

Andrew’s Foster Carers who visit regularly are relieved with the progress that he has made and he still sees them every week which has given him the stability in two locations - although he does now refer to Julian’s Road as his home.



Referrals

To make a referral or for enquiries and further information, call us on **0808 231 9425**, send an email to **adultcare@priorygroup.com** or visit our website at **www.prioryadultcare.co.uk**

*Names have been changed to maintain confidentiality.

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