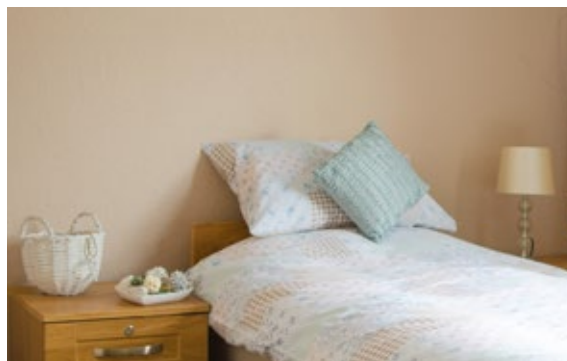


Bromyard Road



Introduction

Through our services at Bromyard Road, we provide safe and stable step-down services from medium secure hospitals for women aged 18 to 65 with personality disorders.

Our aim is for each individual to gain emotional stability and empowerment in the hope that they will live independently in the future, either on their own or through supported living.



“ Bromyard Road has supported me to obtain my Prince's Trust Award. ”

Ex-resident at Bromyard Road



Living at Bromyard Road

Located in a peaceful town on the edge of Worcester, Bromyard Road is a spacious Victorian semi-detached house set over four floors.

As well as being close to local shops and amenities, we provide opportunities for residents to participate in a wide variety of community-based activities including college courses, work placements and social engagement.

The service provides:

- Six modern en-suite bedrooms
- Innovative person-centred support programmes in a safe and caring environment
- A highly qualified staff team providing continuous support
- Communal areas including a kitchen, lounge, conservatory and garden
- Support to work towards the mental health recovery star
- Access to education and paid employment opportunities
- Transport to access wider community facilities



“ I love living at Bromyard Road. The staff are great and have helped me in so many ways; from learning new skills such as cooking, taking responsibility for my medication and budgeting my money, to support in helping me discover new hobbies and activities. ”

Ex-resident at Bromyard Road

Our team of experts

Our Bromyard Road services employ and use a comprehensive and highly skilled team who are experienced in supporting individuals with a wide range of conditions.

We work in close partnership with other professionals to ensure consistency of care and safeguarding. This includes:

- **Chiropodists**
- **Dentists**
- **Local GPs**
- **Occupational Therapists**
- **Opticians**
- **Physiotherapists**
- **Speech and Language Therapists**

Independence skills

At Bromyard Road, our expert team aims to empower individuals to take control of their lives and, where possible, work towards a level of independence which fits with their confidence and aspirations. The skills we help to develop using step-by-step programmes include:

- **Art**
- **Budgeting**
- **Cleaning**
- **Communication skills**
- **Cooking**
- **DIY**
- **Food shopping**
- **Gardening**
- **Laundry**
- **Pottery**
- **Taking medication**

Our residents can also access college courses and employment with local businesses to further develop their independence and social skills.

Leisure activities

We have a daily activities programme based on individual interests and abilities. People decide what they want to do based on their person-centred plan, as well as through the discovery of further hobbies and activities.

With Bromyard Road being located close to the centre of Worcester, residents can take advantage of many local activities. This includes:

- **Bowling**
- **Cinema**
- **Football**
- **Golf**
- **Library**
- **Local discos**
- **Spa treatments**
- **Swimming**
- **Walking in the Malvern Hills**
- **Youth clubs**

Case study - Abbey's story

After living in a secure hospital for seven years with many anxieties and fears about moving on, Abbey* came to Bromyard Road not long after the home had opened. Abbey has borderline personality disorder, autism, learning difficulties and very severe self-injurious behaviours.

When Abbey arrived at Bromyard Road she had lost her confidence and refused to do any of her daily living skills such as cooking and cleaning. Abbey also had no contact with the community or her family.

To regain Abbey's confidence and develop her skills, the staff team put a structured routine in place and agreed achievable goals with Abbey. The Outcomes Star System was used to monitor Abbey's progress within the service towards these goals.

The staff team also provided lots of praise and encouragement towards Abbey to increase her confidence, as well as holding regular 1:1 meetings with Abbey to talk through her progress.

Within four months, Abbey began accessing the local community with staff and then, when she was ready, on her own. The staff supported Abbey to cook, clean, budget her finances, do her weekly shopping, attend various groups and make her own health and social appointments. Abbey's confidence had developed so much over the first 15 months that she even began working in the local charity shop twice a week.

Abbey's outcomes

After leaving Bromyard Road, Abbey moved to live with her family and then a short while after this, managed to get her own tenancy on a flat. Abbey regularly comes back to visit the staff and residents at Bromyard Road to let them all know how she is getting on.



Referrals

To make a referral or for enquiries and further information, call us on **0808 231 9425**, send an email to **adultcare@priorygroup.com** or visit our website at **www.prioryadultcare.co.uk**

*Names have been changed to maintain confidentiality.

PRIORY
ADULT CARE

95 Bromyard Road, Worcester,
WR2 5BZ