

Weir End House & Woodpecker Lodge



Introduction

Through our services at Weir End House & Woodpecker Lodge, we provide leading person-centred support for men and women over the age of 18 living with a learning disability.

We offer 24/7 residential care in a community setting. Our aim is to deliver an increasing sense of self-management and empowerment that will lead to more independent living.



“ What I have achieved would not have been possible at my previous home. ”

Resident at Woodpecker Lodge



Living at Weir End House & Woodpecker Lodge

The service is located in a rural setting with a view over the River Wye and is close to the town centre and local amenities.

From the interior design which has newly been renovated, to the external environment, the service has been created from the perspective of adults with learning disabilities.

We provide as part of the service, opportunities for residents to participate in a wide variety of community-based activities including college courses, voluntary employment at various charities and social engagements.

The service provides:

- **Seven en-suite bedrooms at Woodpecker Lodge offering individuals a realistic stepping stone into more independent living**
- **11 bedrooms at Weir End House that have recently been refurbished**
- **Newly refurbished communal areas which are used for activities such as pool, arts & crafts and low impact fitness sessions**
- **Beautiful, as well as spacious gardens which all residents have access to and access to the wider community**
- **Innovative person-centred support programmes and personal activity planners**
- **A large kitchen to enable residents to engage in the preparation of meals**
- **Education and supported employment activities**



Case study – Sophie’s story

Sophie* has lived at Woodpecker Lodge since July 2004 and has a diagnosis of a mild learning disability. Since moving to Woodpecker Lodge, Sophie has achieved many milestones. She has a number of voluntary work placements which she attends independently and currently volunteers at a local nursery group where she helps care for and support young children. Due to Sophie’s caring nature she excels in this setting.

Sophie also helps out at a charity bookshop where she has many responsibilities including interacting with the customers, closing up the shop at the end of the day and dealing with money. Sophie volunteers at two other charity shops, Oxfam and Dog’s Trust.

Sophie is also a member of the regional Craegmoor Your Voice committee, this requires her to attend a meeting once every three months. These meetings are held at different venues including other Craegmoor services and the Worcester head office. This has allowed Sophie to build a good rapport with staff at the Worcester office, so much so, they invited her to be involved with the interviewing process in regards to recruiting senior managers within The Priory Group. She has also held a regional Your Voice meeting at Woodpecker Lodge, planned the whole meeting and baked cakes for her guests.

Within her home, Sophie likes to be involved in all aspects, she especially enjoys cooking and baking. She can often be found helping in the kitchen being supported by staff and helping with household tasks. Sophie accesses many activities either with staff support, independently or with her friends. These activities include catching buses, going to the cinema and swimming.

Sophie’s support staff have a great understanding of the support that she requires and this enables Sophie to be able to achieve her goals and wishes.

Independence skills

At Weir End House & Woodpecker Lodge, our team’s aim is to empower individuals to take control of their lives as much as is possible and work towards a level of independence which fits with their confidence and aspirations. The skills we help to develop using step-by-step programmes include:

- **Cooking**
- **Cleaning**
- **Food shopping**
- **Laundry**
- **Personal hygiene**
- **Personal shopping**

Leisure activities

We have a daily activities programme based on individual interests and abilities. People decide what they want to do based on their person-centred plans and reviews, as well as through the discovery of further hobbies and activities. This includes:

- **Bowling**
- **Cinema**
- **Day trips to the seaside**
- **Holidays**
- **Local discos**
- **Low-impact fitness sessions**
- **Shopping**
- **Swimming**
- **Trips out to local points of interest**
- **Walking**

Our team of experts

Our service employs and uses a comprehensive and highly skilled team who are experienced in managing individuals with learning difficulties.

We work in close partnership with other professionals to ensure consistency of care and safeguarding. This includes:

- **Chiropodists**
- **Dieticians**
- **Local GPs**
- **Psychiatrists**

Case study - Glenda's story

Glenda* moved to Weir End House in November 2005. Before this she lived in a secure unit in Wales. Glenda has a diagnosis of mild to moderate learning disability with schizophrenia and type 2 diabetes. Glenda was able to move to our service due to changes in her medication which resulted in more stability with her behaviours and enabled her to move to a less secure service.

Glenda has achieved many things since her move to Weir End House and enjoys a number of activities. She is able to access the local and wider community and amenities on a daily basis and when out, with staff support, she is able to enjoy shopping trips. Staff have worked with Glenda so that she is able to have a good understanding of money in small quantities.

Glenda enjoys many day trips out including to the seaside and local points of interest, and is able to do this with one-to-one staff support or in small or large groups of her fellow residents. Glenda enjoys being in groups and is caring towards others. She encourages all of the other residents to join in with activities

whether this is day trips or playing bingo in the evening at home.

One of Glenda's passions is travelling and she often talks about going abroad to different countries. With support, Glenda has planned and booked a number of holidays including trips to Italy and Spain. During these holidays she immersed herself into local culture enjoying restaurants, shops and sight-seeing trips.

Glenda manages her diabetes through her diet, she is very mindful of this even when helping prepare meals in the kitchen. She enjoys cooking a variety of meals including curries which everyone comments positively on. Glenda also likes to help with household tasks and enjoys being supported to do her laundry and helping out with dusting and cleaning around the house.

Moving to Weir End House has enabled Glenda to flourish and live a fulfilling life filled with the things she chooses to do and achieve, which would not have been possible at her previous home.



Referrals

To make a referral or for enquiries and further information, call us on **0808 231 9425**, send an email to **adultcare@priorygroup.com** or visit our website at **www.prioryadultcare.co.uk**

*Names have been changed to maintain confidentiality.

PRIORY
ADULT CARE

Weir End House & Woodpecker Lodge,
Weir End, Ross-on-Wye, HR9 6AL