

# The Birches

The Birches provides rehabilitation and support for adults with mental health illnesses, including personality disorder.



## Introducing The Birches

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The Birches provides rehabilitation and support for adults with mental health illnesses, including personality disorder. Some of our clients may also present complex conditions or have behaviours that challenge.

The service offers 24/7 specialist residential support and is committed to providing just enough support to empower and encourage individuals to develop the skills they need to live as independently as possible and achieve positive outcomes for all.

The service is also supported by a quality assurance team including a specialist Mental Health Advisor whose aim is to empower service users to take control of their lives and, where possible, work towards a level of independence which fits with their skills, confidence and aspirations.

## Our services

- Specialist support for up to seven people with mental health issues who may also present behaviours that challenge
- Specialist staff training in managing aggression and mental health awareness
- Five places, all with en-suite facilities, and a two bedroomed flat area offering more independence
- The ability to continue the support on an outreach basis in service user's own tenancy when ready to move on
- Innovative person-centred support programmes in a safe and caring environment
- One-to-one psychological support where needed
- Access to education and paid employment opportunities
- Progression through a care pathway that fulfils each individual's maximum potential to live more independently
- A multidisciplinary staff team
- Interaction within Priory Adult Care's communication strategy 'Your Voice'
- Supported living, respite and community outreach traditional services



## Admissions and referrals

At Priory Adult Care, we can offer advice about accessing benefits and funding if appropriate.

We support people on how best to spend an individual budget or direct payment to make sure the people we support can live the life they want.

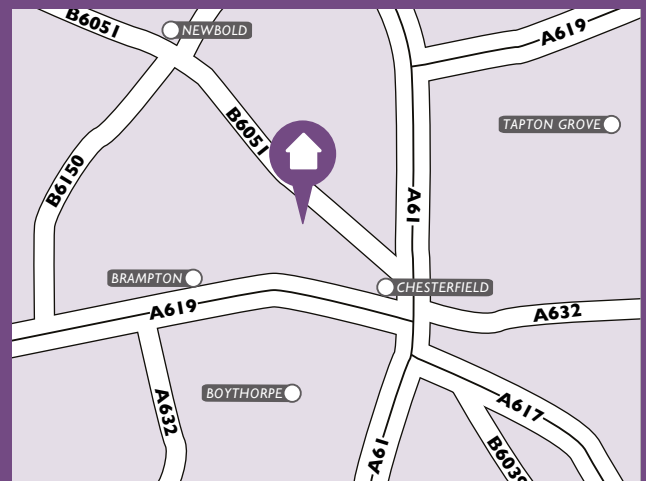
Referrals can be made through:

- The individual's social services department management team or, if relevant, their local health authority
- By the individual (or an appropriate adult acting on their behalf) who wishes to use direct payment, individual budget, or who is self-financing.

## Achieving positive outcomes

By encouraging people to take control and have belief in their potential, we can make positive outcomes a reality for everyone, regardless of age or presumed ability.

We create pathways that support individuals through residential to community living, delivering measurable results for both local authorities and the people who use our services. This, paired with our personalisation agenda, enables us to help the people we support to lead fulfilled, independent lives. By working together, we can make a real and lasting difference.



## Contact us

To make a referral or for enquiries and further information about The Birches:

Call us on

**0808 231 9425**

Send an email to

**[adultcare@priorygroup.com](mailto:adultcare@priorygroup.com)**

Visit our website at

**[www.prioryadultcare.com](http://www.prioryadultcare.com)**

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