

Roseneath Avenue



Introduction

Through our services at Roseneath Avenue, we provide leading person-centred support and facilities for six young males and females aged between 16-60 years with autism who may also have behaviours that challenge.

We offer a bespoke, 24/7 residential service in a safe, stimulating and rewarding environment. Our aim is to support individuals to improve their daily living skills and move on to more independent living.



“ It’s a friendly place, the staff are really nice and helpful. ”

Resident at Roseneath Avenue

Living at Roseneath Avenue

Roseneath Avenue is situated in a tranquil area of Winchmore Hill with easy access to the local shops and amenities.

Each individual receives 1:1 support and 2:1 support is also available if required and identified. We provide opportunities for residents to participate in a wide variety of community-based activities including college courses and social engagement.

The service provides:

- Six self-contained apartments
- Modern communal areas including lounges, fully-equipped kitchens and a secure garden
- Innovative person-centred support programmes in a safe and caring environment
- Positive behaviour support and recovery model
- Support developed in collaboration with the local multidisciplinary support team
- Staff trained in positive behaviour support, learning disabilities and mental health awareness
- Access to education and voluntary/paid employment opportunities
- Interaction within Priory Adult Care’s communication strategy “Your Voice”
- A company vehicle to access wider community facilities



“ With the help and support of staff at Roseneath Avenue, my son is now more like his old self. He is a lot more positive and his level of challenging behaviour has drastically reduced. ”

Parent of a resident at Roseneath Avenue

Our team of experts

Roseneath Avenue is staffed 24 hours a day by experienced and dedicated staff who are selected for the qualities and skills they bring to achieve the positive outcomes the people we support require.

All staff receive ongoing extensive training in a wide range of subjects and are supported by Priory Adult Care's team of in-house quality development advisors who are experts in their fields.

At Roseneath Avenue, we have access to support workers, a speech and language therapist, occupational health and occupational therapist. We also work closely with local community teams including GPs, chiropodists, dentists and dietitians, as well as other health professionals.

Independence skills

Through key worker sessions, we identify goals and targets for each individual to achieve to help develop their independence skills. These skills include:

- **Budgeting**
- **Cooking**
- **Gardening**
- **Housekeeping**
- **Personal care**
- **Shopping**

We also help people to rebuild their confidence by encouraging and supporting them to access a variety of community-based activities and work placements.

Leisure activities

With a company vehicle to access wider community facilities, there is the opportunity for the individuals we support to get involved in a wide range of activities out of the service.

The dedicated key worker will organise daily activities both in and out of the home which are planned in conjunction with the wishes of our residents. This includes:

- **Arts and crafts**
- **Bowling**
- **Cinema**
- **Dance and drama classes**
- **Football**
- **Golf**
- **Gym**
- **Local discos**
- **Shopping**
- **Swimming**
- **Walking**



Case study – Charlotte’s story

Charlotte* was diagnosed with both autism and severe behaviours that challenge. As Charlotte got older, her parents found it difficult to cope with Charlotte’s behaviour, especially her physical aggression towards them and other people. With this occurring on a constant basis and becoming more aggressive, Charlotte’s parents required additional support and contacted their local authority.

Charlotte was having an estimated 18 incidents per week when she first arrived at Roseneath Avenue and was excluded from a specialist school due to her challenging behaviour towards their staff members.

How we helped Charlotte

Charlotte immediately received one-to-one support from a dedicated keyworker at Roseneath Avenue and a personalised support plan was created with input from Charlotte, her parents and social worker. Staff used the Positive Behaviour Support (PBS) framework, as well as programmes including PROACT-SCIPr-UK® to help proactively manage situations where Charlotte was becoming aggressive. This resulted in positive interventions taking place with staff seeing to her needs before they escalated any further.

Staff also found that distraction techniques including loud noises, blowing bubbles and touching her hands calmed Charlotte down. With the right techniques and support in place, staff began to see a lot of progress in Charlotte and the incidents per week started to decrease.

The team at Roseneath Avenue would keep in close contact with Charlotte’s parents and social worker,

providing them with regular updates on Charlotte’s behaviour and the progress she was making. Staff also maintained a weekly routine where Charlotte would visit her family every Sunday which both Charlotte and her family enjoyed.

Charlotte’s outcomes

When Charlotte arrived at Roseneath Avenue, she was having violent outbursts 18 times a week, now she is only having three a month. Charlotte is also going out of the home with staff and chooses what activities she would like to do during the week. These activities include sensory visits to the seaside and swimming lessons as Charlotte likes to hear the water and feel it on her skin.

Charlotte is also becoming more independent and with the encouragement from staff has increased her daily living skills. For example, Charlotte chooses her own food from the supermarket and then helps to cook her meals.

Charlotte is now even attending a day centre once a week without the support from staff whilst she is at the centre. Members of staff will escort Charlotte to the door and then pick her up at the end of the day. This would have been unimaginable six months ago, especially Charlotte being around people she was unfamiliar with and really shows the progress Charlotte has made since being at Roseneath Avenue.



Referrals

To make a referral or for enquiries and further information, call us on **0808 231 9425**, send an email to **adultcare@priorygroup.com** or visit our website at **www.prioryadultcare.co.uk**

*Names have been changed to maintain confidentiality.

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ADULT CARE

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