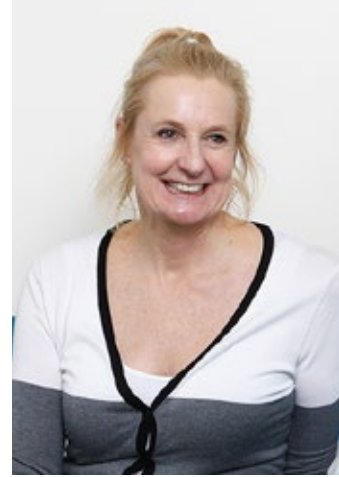


Supported Living Services

Community and domiciliary support for those with learning difficulties, autism, mental health and challenging behaviour



Our services at a glance

- Innovative support programmes in a safe and caring environment
- Specialist supported living and community domiciliary outreach transition services
- Independent living in safe accommodation
- Support in accessing education and paid employment prospects
- Progression through a care pathway that fulfils each individual's maximum potential



Supporting You

Priory Adult Care has supported living services providing innovative, creative support which enables people with learning disabilities, autism, mental health illnesses and challenging behaviour to live the lives they want and have the opportunities they deserve.

'Supporting You' is the name for this specialist service for people who want to live a more independent life, for individuals who want more choice and control, and who want to have a personalised service to meet their needs.

We provide a variety of person-centred support and accommodation for people with a range of emotional, physical and learning needs across England, Scotland and Wales, and we work with people on all aspects of daily living skills and individual goals, such as:

- **Finding employment**
- **Domestic tasks (shopping, cooking, laundry, cleaning etc)**
- **Finance and budgeting**
- **Help claiming appropriate benefits**
- **Access to leisure and social activities**
- **Access to medical and dental care**
- **Maintaining links with friends, family and the local community**
- **Any other assistance that may be necessary to lead a fulfilling life**

We support and enable individuals who may also have other complex needs associated with challenging behaviour, physical disability, sensory or healthcare needs – often requiring adapted environments or support arrangements to provide stability and limit damaging rejections, unplanned upheavals and placement breakdown.

Our Supporting You service also offers assistance and domiciliary care that can support individuals in their own homes and in local communities, to develop their independence and reach their full potential.

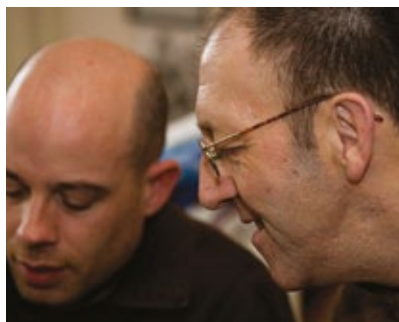
We can provide 24 hour support if needed and can ensure that the support we provide focuses on giving people a real choice on what they want to do with their lives, how they want to do it and in a way which promotes participation, presence and inclusion.



Flexible packages give individual choice

As the support and enablement needs of people can change constantly, we offer a flexible and responsive approach to our packages of care with a range of services that enables and empowers individuals with learning disabilities, autism or mental health needs to live a fulfilling life of their choice and, where possible, in their local community. Our Supported Living services offer innovative programmes which are highly focused on helping people to be as independent as possible within their own homes and in the local community.

The more stable each individual's placement is, the better outcomes are likely to be. By encouraging people to take control and have belief in their potential, we can make positive outcomes a reality for everyone, regardless of age or presumed ability, by creating pathways that support individuals through residential to community living, delivering measurable results for both local authorities and the people who use our services.



Supporting You offers a fully inclusive range of support packages. These may include anything from 24 hour support to just a couple of visits per week, therefore offering maximum flexibility to placing authorities.



Robert's story

Robert*, 45, owns his own house, is in paid employment, manages his personal budget and leads a full and active social life. After many years living in services, this is a life-changing scenario for Robert and one he is embracing fully and confidently. Robert moved into Priory Adult Care's Glebe House in Market Rasen around six years ago.

He has a diagnosed mental health condition and was living with a friend who sadly was admitted to hospital under section. It was two years before Robert became fully engaged in the programme at Glebe House. He involved himself in courses to teach life skills and undertook an NVQ in woodwork.

The confidence this gave Robert led him to consider buying his own home, using money he had inherited. Robert was determined to find the right property, somewhere he felt comfortable and was close to Glebe House, his support network and friends. He is well-known and liked in the local area and wanted to remain a part of the community which had contributed so much to his pathway to independent living. Supported by his carers at Glebe House, Robert embarked on his own 'Location, Location, Location' property hunt. After around 30

viewings eventually the perfect house was found and despite a few difficulties an offer was made, accepted and Robert moved in.

Achieving positive outcomes

With support from Priory Adult Care's 'Supporting You in Lincolnshire', Robert began the next stage of his life. His support worker is a former deputy manager at Glebe House and her relationship with, and knowledge of Robert and his triggers, went a long way towards breaking down the barriers towards independent living.

He has taken ownership of his personal budget, been discharged from his social worker and been taken off the Care Programme Approach. Robert is still a frequent visitor at Glebe House. Through the Pelican Trust, Robert is putting his woodworking skills to good use earning money making a variety of products including test tube holders, wooden plaque stands and bird tables. In his own words Robert says, "I have been in services for years but now I have got myself a house. It was a lovely thing to feel like I am on my way outside of the care home. I now feel like I am starting afresh with a new life."

“

I feel like all my stresses have gone.”

Robert, supported by Priory Adult Care's Glebe House



*Names have been changed to maintain confidentiality.

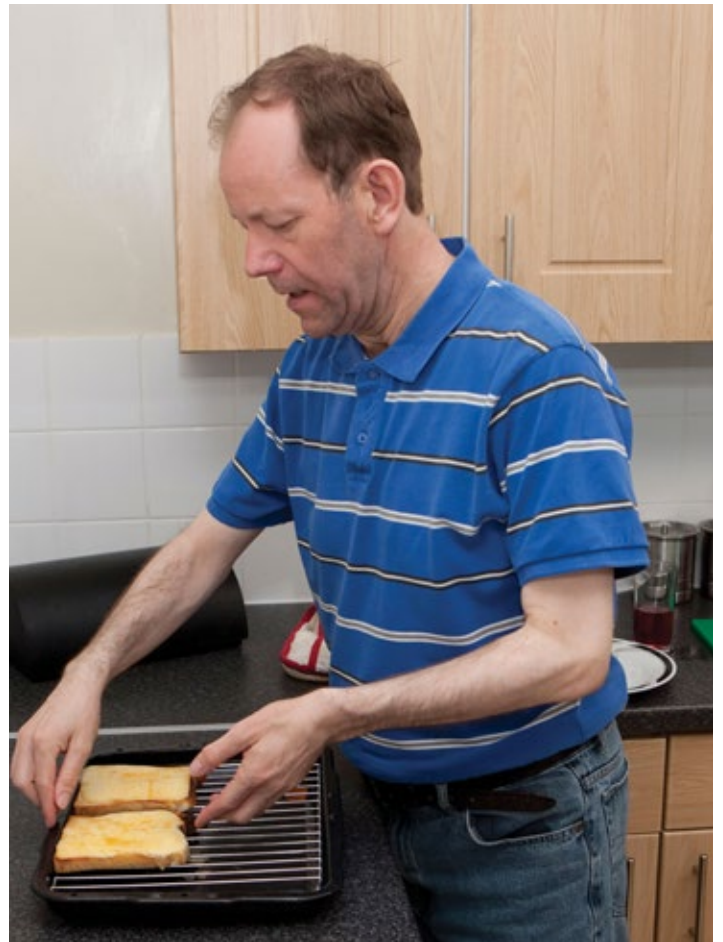
Fulfilled lives

At Priory Adult Care, we place strong emphasis on listening to and supporting each service user in achieving their goals, realising their dreams and aspirations and planning a more individualised and fulfilled lifestyle.

Our approach to this includes longer term planning and sets out achievable goals which individuals can work towards over a period of time – ranging from making a cup of tea, owning and caring for their own pet, employment, learning to ride a bike, through to having their own tenancy agreement and home in the community.

Our programmes of activities could include:

- Hobbies, interests or sports activities
- Work placements, voluntary or paid
- Working towards greater independence
- Helping keep the home neat and tidy
- Aspects of personal care and hygiene
- Working towards their goals and aspirations



“

I think the staff are great and they really have helped me to live the life I want to. ”

Person supported by Priory Adult Care



Everyone is individual, everyone has a voice

‘Your Voice’ is an impressive and enthusiastic self-advocacy group made up of service users who are supported by Priory Adult Care. They have become an important part of the Company’s decision making process and are responsible for a busy programme of events ensuring that everyone’s views, thoughts and ideas are heard. It is also a process of empowerment, enabling those with the least voice to have their say by:

- Meeting regularly to discuss aspects of the services they receive and to explore new opportunities
- Planning Priory Adult Care service led social events including birthdays, community open days, summer BBQs and topical occasions
- Carrying out surveys and participating in presentations at management meetings
- Involvement in partnership board local action groups, so that every person we support has choice and control over their lives
- Increasing awareness amongst the people we support about the opportunities and benefits of training and paid employment

Philosophy of care

Priory Adult Care combines individualised care pathways for each service user with its philosophy of care with an overarching strategy which encompasses innovative key areas and links directly to the Government Strategy for adults with learning disabilities – Fulfilling and Rewarding Lives:

- **Specific assessment and understanding of the individual nature of the learning disability, autism or mental health issue for each service user via our own profiling system. The profile is then used and worked with to ensure the difficulties and challenges are lessened, and the skills and gifts are maximised**
- **Three tiers of staff training in learning disabilities, ranging from a Foundations for Growth Induction Module, through the Learning Disabilities Module as part of the Health and Social Care Diploma to a University Level Qualification delivered internally and awarded by our partner University – The University of Brighton**
- **Community presence: Priory Adult Care will increase the presence of individuals in local community life as citizens**
- **Community participation and relationships: Priory Adult Care strive to expand and develop individual's friendships and relationships within the community**
- **Respect and having a valued role: Priory Adult Care will enhance the reputation that individuals have and increase the ways that individuals can contribute**
- **Promoting choice: Priory Adult Care will support individuals to have more control and choice and be self determining in relation to their life and lifestyle**
- **Supporting contribution: Priory Adult Care will support individuals to develop their skills, abilities and confidence to become more independent**



As a care co-ordinator of a service user residing at a Priory Adult Care home, I have found the working relationship between agencies to be a positive one. Maintained contact and updates with involved services, encourages an holistic and individual, needs-led approach that also empowers and promotes the capabilities of those they support. ”

Social Worker at Assertive Outreach Team, Scunthorpe



Working in partnership to deliver value added services

At Priory Adult Care, we work in partnership with local authorities, commissioners, social care and healthcare case teams and associated professionals across England, Scotland and Wales, utilising our experience and expertise to develop long lasting relationships, building trust and affordable solutions, whilst offering a transparent service of integration and clinical effectiveness to ensure that we become the provider of choice.

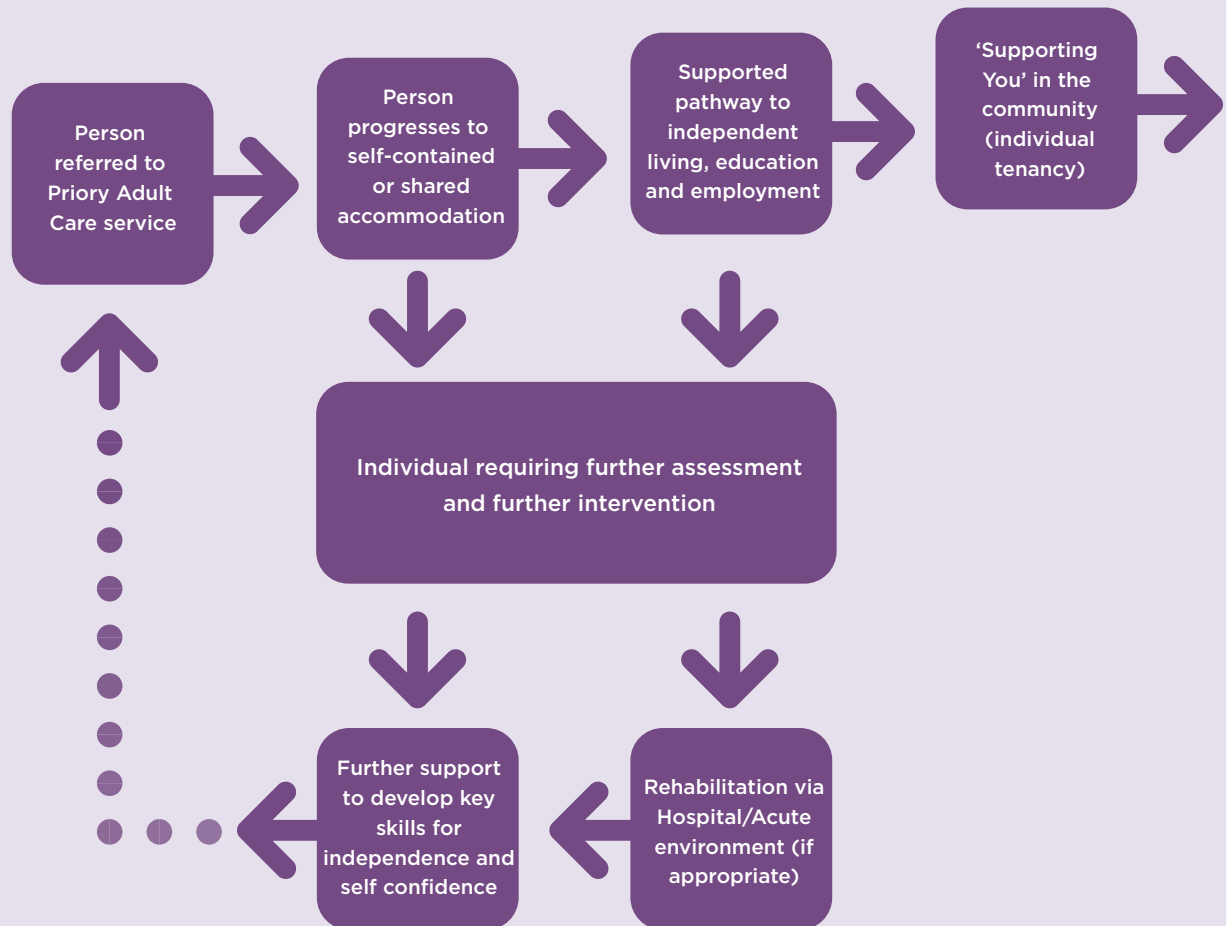
Our packages of support and enablement are flexible and tailored to individual and local authority requirements with transparent price bandings reflecting the needs of each service user. We are focused on the Personalisation Agenda with a service offer centred around the Social Care Institute for Excellence (SCIE).

For us, working in partnership with our purchasers is a constantly managed process. This means that we value the relationship we build with our purchasers so we can demonstrate to our service users that we share responsibility for them. Also showing that we can work together in their interest to make it possible and provide the best possible future, that reflect the needs of each service user and that are comparable to Cost Funding Calculators. This ensures that the services commissioned are delivered in the most personalised, practical and effective way possible.

Safeguarding

Priory Adult Care is committed to protecting all our service users and ensuring safeguarding best practice is followed at all times. We strive to maintain a transparent and open culture where everyone feels safe and able to share any issues. Concerns relating to safeguarding are always listened to and taken seriously, and we work in partnership with the relevant agencies across our full range of services.

The group has robust national and local structures in place to manage safeguarding, and our clear policies and procedures are supported by the delivery of high quality safeguarding training for all staff.



Comprehensive referral and support service

Finding the most appropriate care and support can seem complicated. At Priory Adult Care, we can offer advice about accessing benefits and funding and working out budgets. For anyone with an Individual Budget or Direct Payment in place, we can offer support to decide how to spend your budget to make sure you can live the life you want.

Referrals may be made through:

- The individual's Social Services Department management team or, if relevant, their local Health Authority
- By the individual (or an appropriate adult acting on their behalf) who wishes to use Direct Payment or Individual Budget, or who is self-financing

About our Group

Priory Adult Care is part of the Priory Group of Companies, the leading independent provider of behavioural care in the UK. We have established an unrivalled reputation for providing individual care, innovative services and positive outcomes for our patients, residents and service users.

From education to hospitals, care homes and secure facilities, the Priory Group of Companies offers individually tailored, multidisciplinary treatment programmes for those with complex educational needs or requiring acute, long-term and respite mental healthcare.

The integrated strength of each service provides a seamless transition for the individual as they progress between higher and lower dependency care and across services. This unique approach ensures that every individual has the opportunity to achieve the best possible outcomes and quality of life.

At the Priory Group 85% of our services are funded by the NHS and other public bodies, our clinical teams work closely with commissioners across the country to provide transparent pricing models and evidence-based care packages along every stage of the service user's journey with us.



Contact us

To make a referral or for enquiries and further information, call us on **0808 231 9425**, send an email to **adultcare@priorygroup.com** or visit our website at **www.prioryadultcare.co.uk**

PRIORY
ADULT CARE